#### **Toxic Responses Of The Liver**

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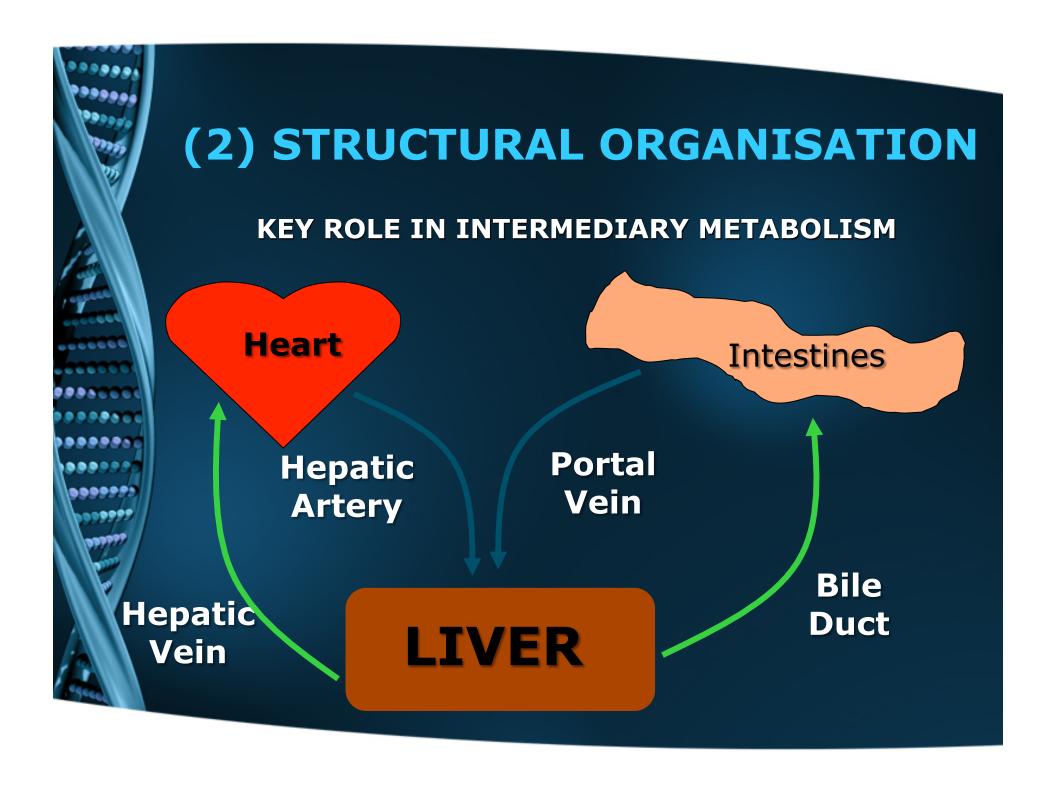
## INTRODUCTION TO THE LIVER

- Major target organ of many toxins
- Understanding of hepatotoxicity:
  - (1) MAJOR FUNCTIONS OF THE LIVER
  - (2) ITS STRUCTURAL ORGANISATION
  - (3) BILE FORMATION



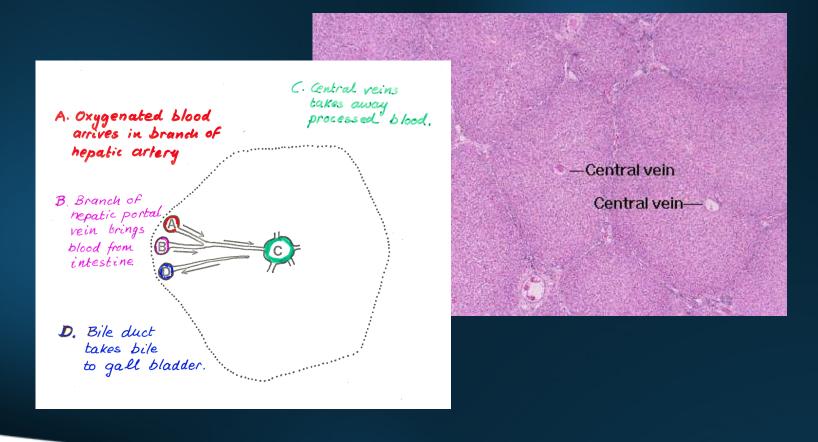
#### (1) LIVER FUNCTIONS

- Complex organ many vital functions:
  - Carbohydrate/Fat/Protein metabolism
  - Drugs & hormone metabolism
  - Immunologic function
  - Bilirubin formation and excretion



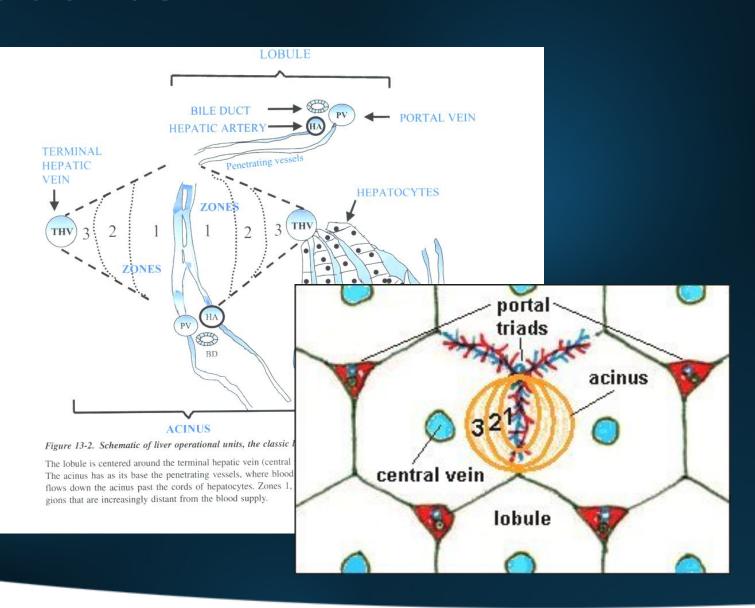
#### The lobule

Anatomical view from periphery to central vein

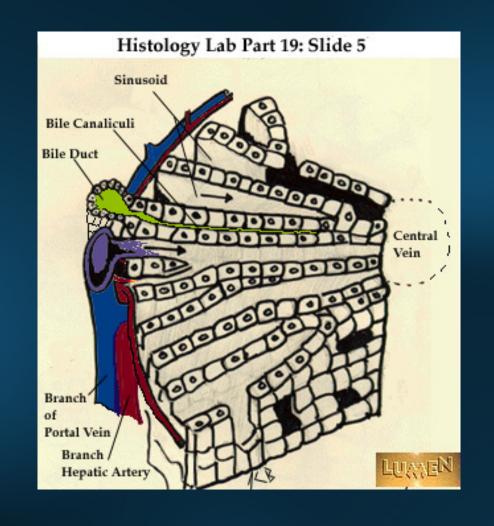


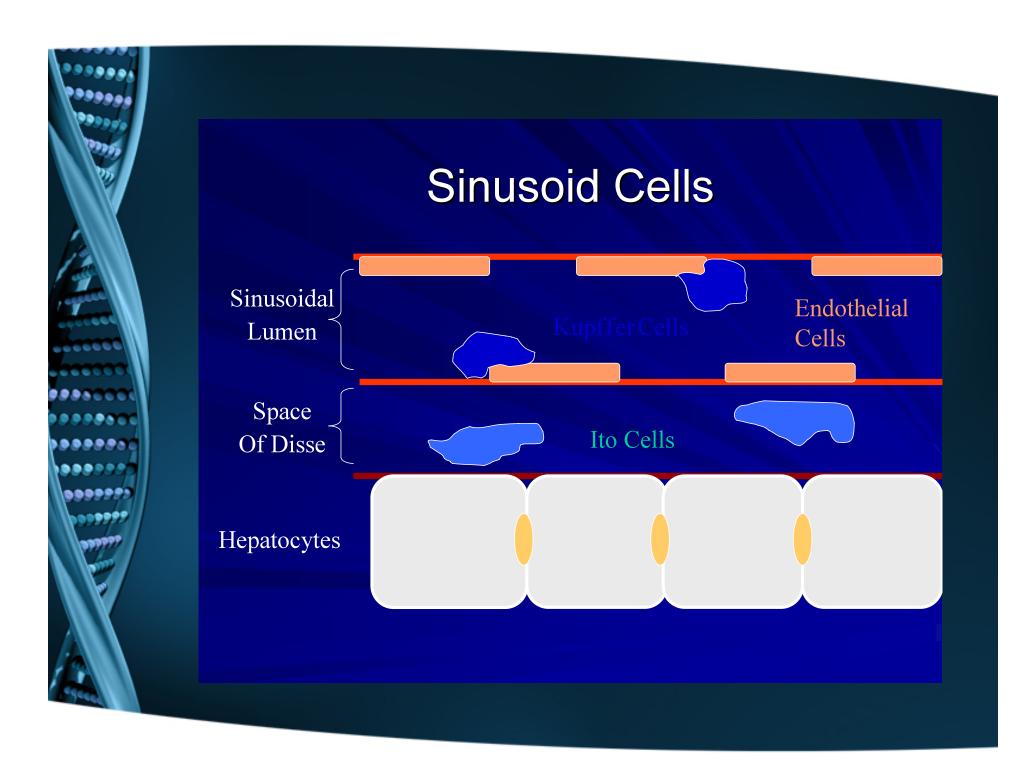
#### The acinus

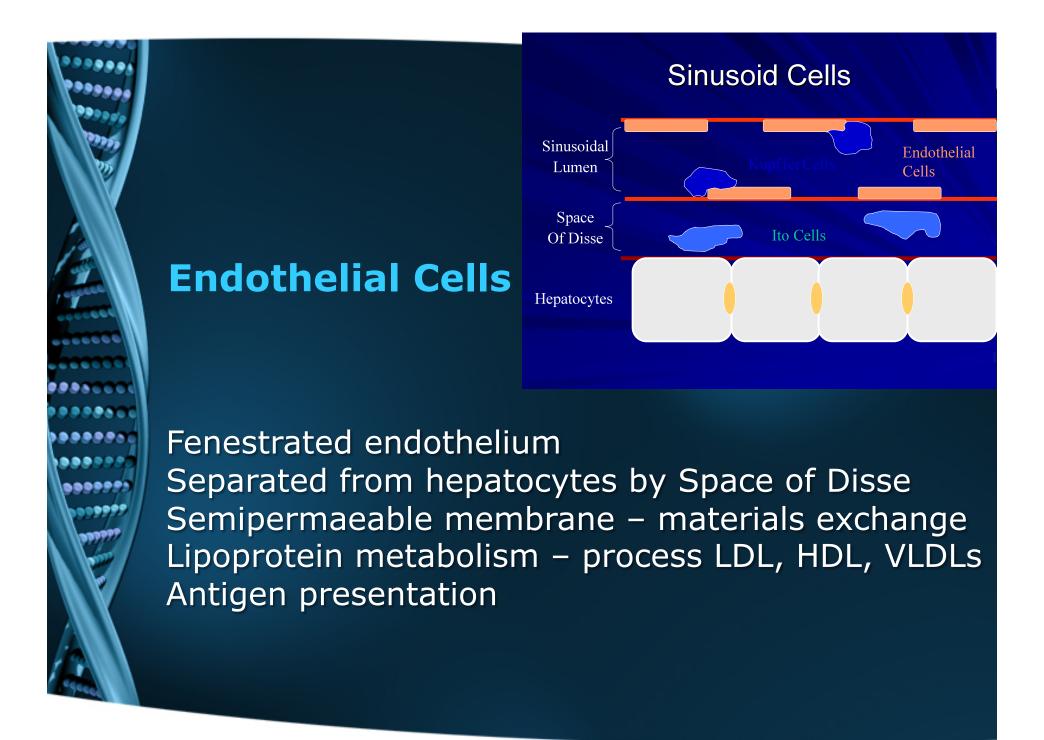
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#### Sinusoids

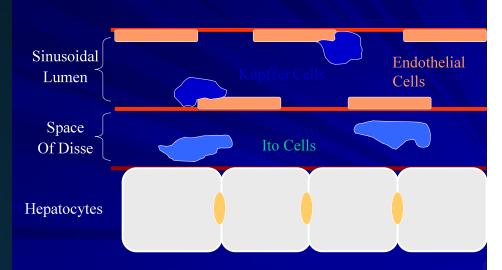






# **Ito Cells** .....

#### Sinusoid Cells



Stellate cells Differentiate into myofibroblasts Cytokine secretion Secrete ECM proteins

#### Sinusoid Cells Sinusoidal Lumen Space Of Disse **Kupffer Cells** Hepatocytes Non-specific host defence Inflammation/Phagocytosis Antigen presentation Cytokine secretion Senescent and damaged RBCs Tumour cell surveillance

Endothelial

Cells

Ito Cells



#### (3) BILE FORMATION

- Composed of bile salts, glutathione, phospholipids, cholesterol, bilirubin, organic anions, proteins, metals, ions, xenobiotics
- Bile formation essential for:
  - Lipid uptake from small intestines
  - Protection of small intestine from oxidative injury
  - Excretion of endogenous and xenobiotic compounds



#### **Bile Excretion**

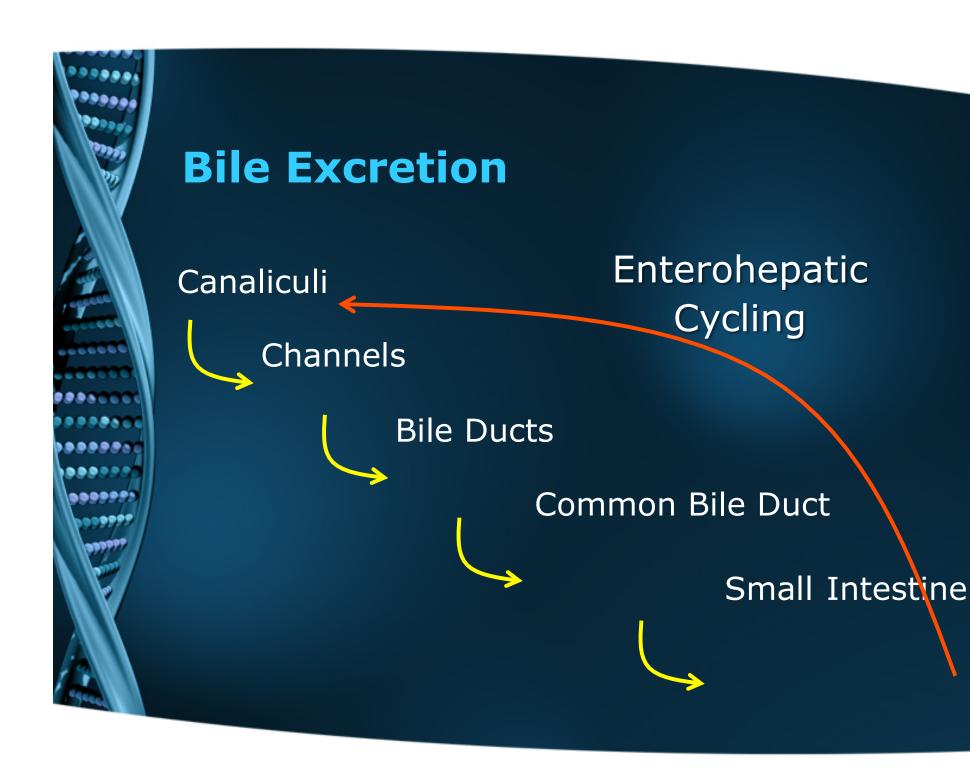
- Driving Force of Bile Formation -
  - Active Transport of Bile Salts
- ATP-dependent exporters
  - MDR (multiple-drug resistance)
  - cMOAT (canalicular multiple organic ion transporter)



#### **Bile Excretion**

- Metals Added
  - Diffusion v receptor
  - Excretion by lysosomes
  - Cu, Mn, Cd, Se, Au, Ag, As

#### **Bile Formation** Drugs Bile Metals Bilirubin Hormones **Salts** Xenobiotics ..... **Bile** MDR Canaliculi CMOAT Organic cations Conjugates of Drugs glutathione, Phospholipids glucuronide. sulphate





#### **FACTORS INVOLVED IN LIVER INJURY**

Susceptible because of:

#### ANATOMY:

- Considerable cardiac output
- Unusual sinusoidal architecture

#### • LOCATION:

- 1st organ perfused by things absorbed from GIT

#### FUNCTION:

Primary organ involved in biotransformation



Cyt P450 (centrilobular)

Oxidation/reduction/hydrolysis

**PHASE I** 

Xenobiotic → Reactive intermediate

Glutathione/transaminases

(periportal)

Conjugations

**PHASE II** 

→ Stable metabolite

Cell Injury Detoxification

Balance



#### **Bioactivation**

#### • **Ethanol**

- EtOH → acetaldehyde (rapidly by alcohol dehydrogenase)
- Acetaldehyde → acetate
  (slowly by aldehyde dehydrogenase)
- Polymorphisms in Asian people
  - More "fast" & less "slow" → Build-up of acetaldehyde

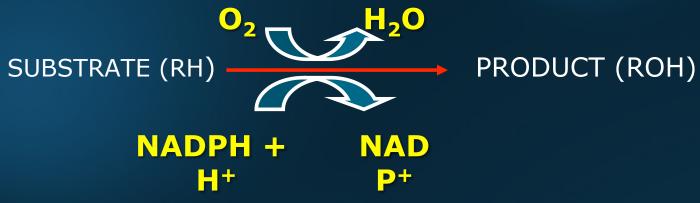


#### **Bioactivation**

#### Cytochrome P450 is a Haem-containing protein

The basic reaction that it catalyses is monooxygenation:

- one atom of O<sub>2</sub> is incorporated into a substrate (RH)
- the other is reduced to water using NADPH:





#### **Cytochrome P450 Enzymes**

A superfamily of enzymes in the SER with wide substrate specificity – a major group responsible for drug metabolism

#### **Important Points to Remember:**

- Each isozyme can metabolise MANY different drugs
- Many drugs can be metabolised by more than one isozyme
- Few compounds are conjugated directly, so PHASE I metabolism is a very important line of defence
- Unfortunately Cyt p450 can → reactive oxygen compounds that are hepatotoxic (esp CYP2E1 & CYP3A)

#### **Bioactivation**

#### **Carbon Tetrachloride**



Lipid peroxidation of fatty acid



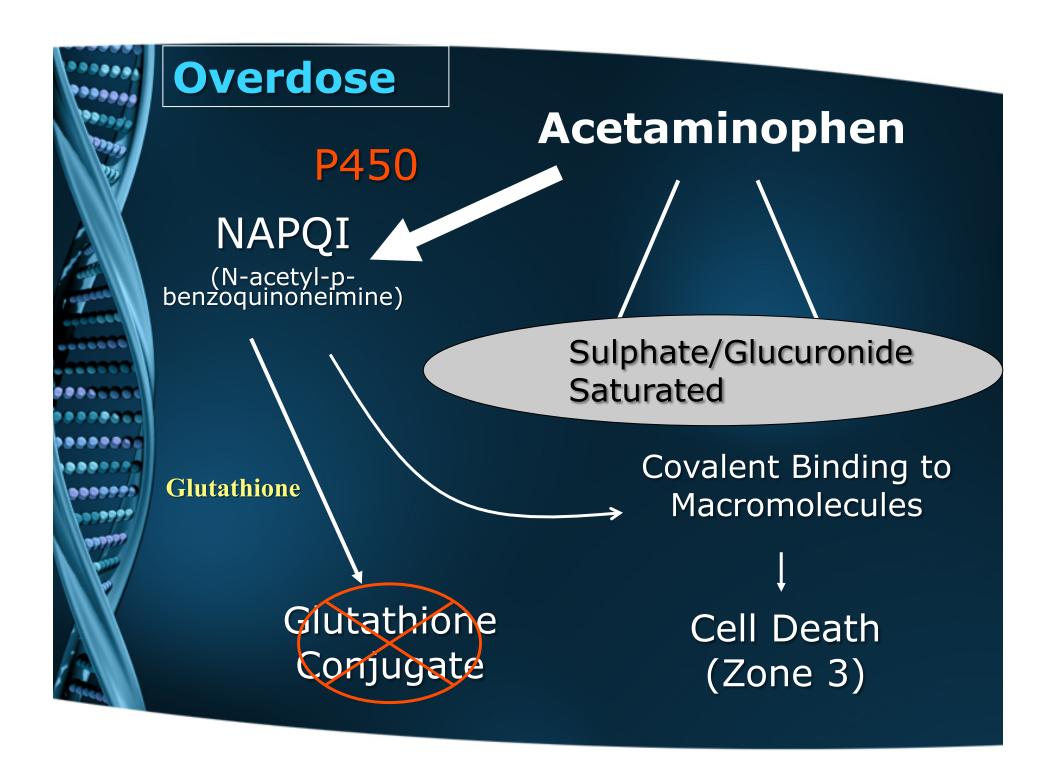
#### **Bioactivation**

- Acetaminophen
  - 1st introduced into clinical medicine late 1900s "back door" - no formal preclinical animal toxicity studies
  - Attracted little attention and was soon forgotten
  - Potential hepatotoxicity was not suspected until the first clinical reports of severe and fatal liver damage following OD in 1960s
  - Species differences in its metabolic activation
  - Paracetamol is involved in 15 to 30% of deliberate self-poisonings in UK



#### Acetaminophen

- Glutathione-S-transferase is important
- Uses glutathione as a cofactor
- Acetaminophen metabolite conjugated by Glutathione
- Toxicity only revealed when GSH levels depleted to a certain level due to:
  - Overdose
  - Fasting





# Sinusoidal Cells in Liver Toxicity

- Kupffer cells/Ito cells become activated after exposure to toxins
- Kupffer cells can be activated by Vit A
  - This then enhances acute toxicity of CCl<sub>4</sub>
- Activated Kupffer cells produce reactive oxygen species & reactive nitrogen species



#### Mechanisms of Liver Damage

#### Cell skeleton

- Microcystin:
  - Covalently binds to cytoskeletal proteins
  - Leads to hyperphosphorylation reactions
  - Microtubular scaffolding collapses, resulting in deformation of hepatocyte



#### Mechanisms Of Liver Damage

#### Cholestasis

- Toxins can inhibit bile formation by various mechanisms
  - Transporter/Export function
  - Tight junction leakage
  - Concentration of reactive substances



#### Mechanisms

- Mitochondrial Damage
  - Toxins can:
    - Inhibit mitochondrial DNA synthesis
    - Lead to free radical production by effects on electron transport chain



#### Response To Damage

- In general, tissues respond similarly:
  - Inflammation
  - Degeneration / Necrosis
  - Recovery/Proliferation/Malignancy



#### Types Of Liver Injury

- Response of liver to injury relates to:
  - Degree & duration of the insult
  - Cell population affected
- Types of injury include:
  - Fatty change
  - Hepatocellular death
  - Canalicular cholestasis
  - Bile duct damage
  - Sinusoidal damage
  - Cirrhosis
  - Neoplasia



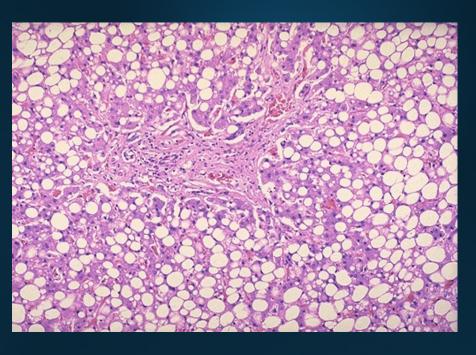
#### Fatty Change

- Increased lipid in hepatocyte cytoplasm
- Due to altered lipid metabolism
- Common with acute toxins
- Potentially reversible
- Most common cause is alcohol



## Fatty Change

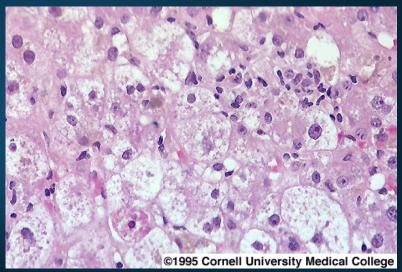


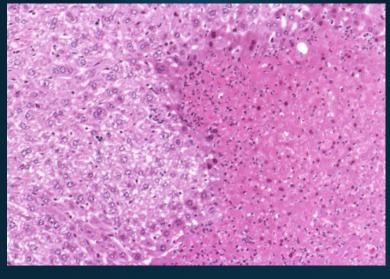




#### Cell Death

- Necrosis (Eg/ due to acetaminophen)
  - Cell swells
  - Leakage of cytoplasm
  - Nuclear disintegration

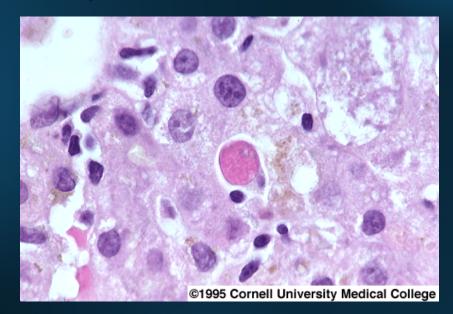






#### Apoptosis

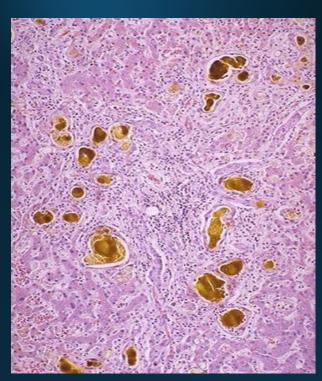
- Features
  - Cell shrinkage
  - Nuclear fragmentation
  - Formation of apoptotic bodies
  - Usually no/minimal inflammation





#### Cholestasis

- Reduced formation/secretion of bile
  - Leads to accumulation of things like bilirubin that are normally excreted in bile
  - Results in icterus
- Offending drugs:
  - Cyclosporin
  - Oestrogens



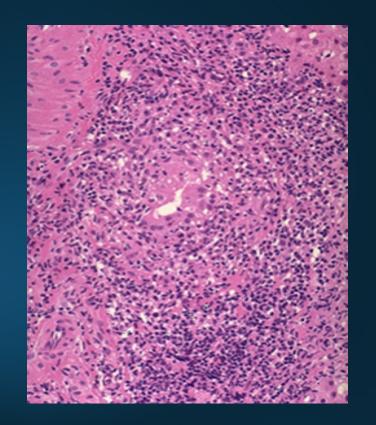


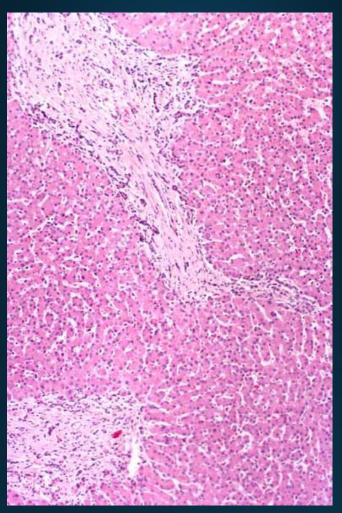
#### Bile Duct Damage

- Cholangiodestructive cholestasis
- Increased serum activity of gamma glutamyltransferase (GGT)
- Bile duct epithelial damage ->
  - Necrosis, Inflammation, Fibrosis
  - Bile duct hyperplasia
  - Bile duct loss (Vanishing bile duct syndrome)



# Biliary Inflammation & Fibrosis





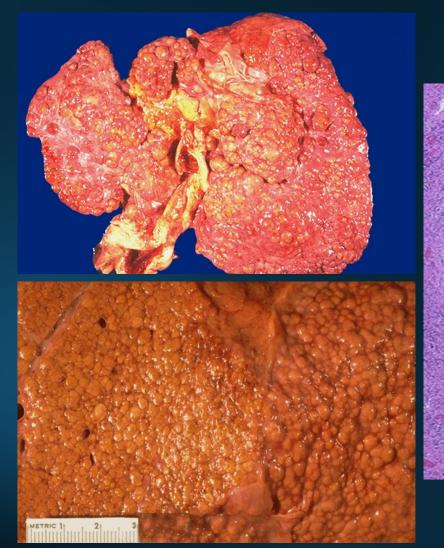


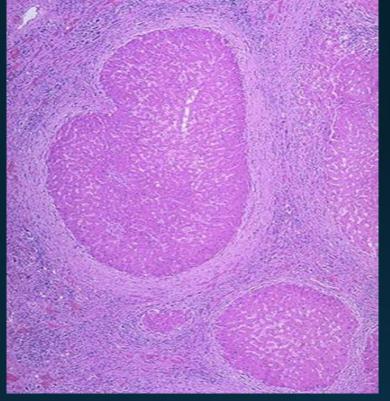
#### Cirrhosis

- Progressive liver injury chronic action
- Necrotic areas replaced by fibrous tissue
- Result of repetitive injury of liver cells
- Associated with alcohol abuse



#### Cirrhosis





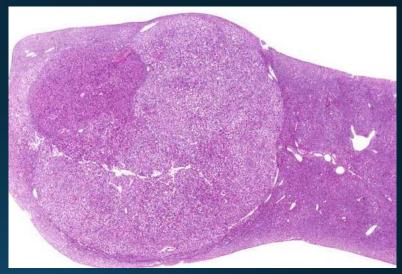


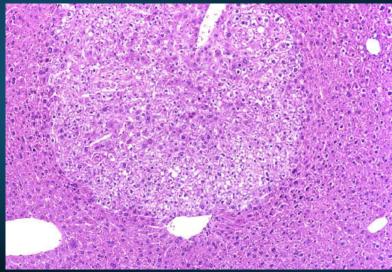
#### Neoplasia

- Primary neoplasms arise from cells in the liver
  - Hepatocytes
  - Bile duct epithelium
- Secondary neoplasms arise from cells outsideliver
  - Invasion
  - Metastasis
- Aflatoxins
  - Result in hepatocellular carcinoma

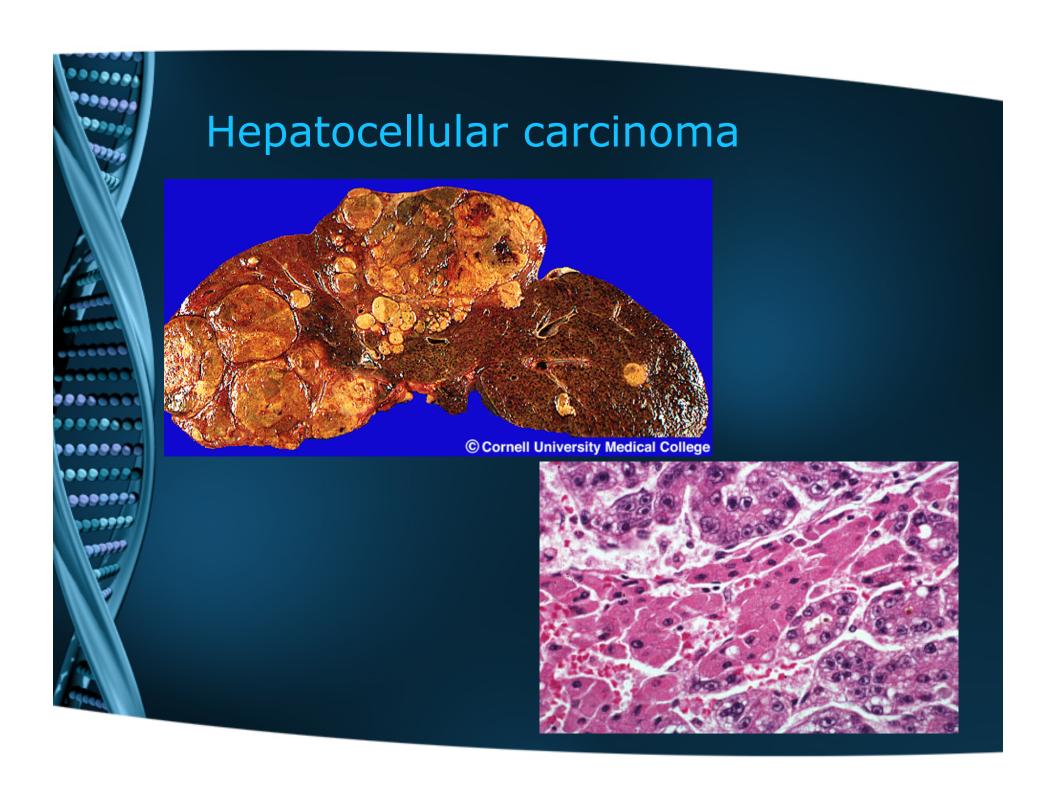


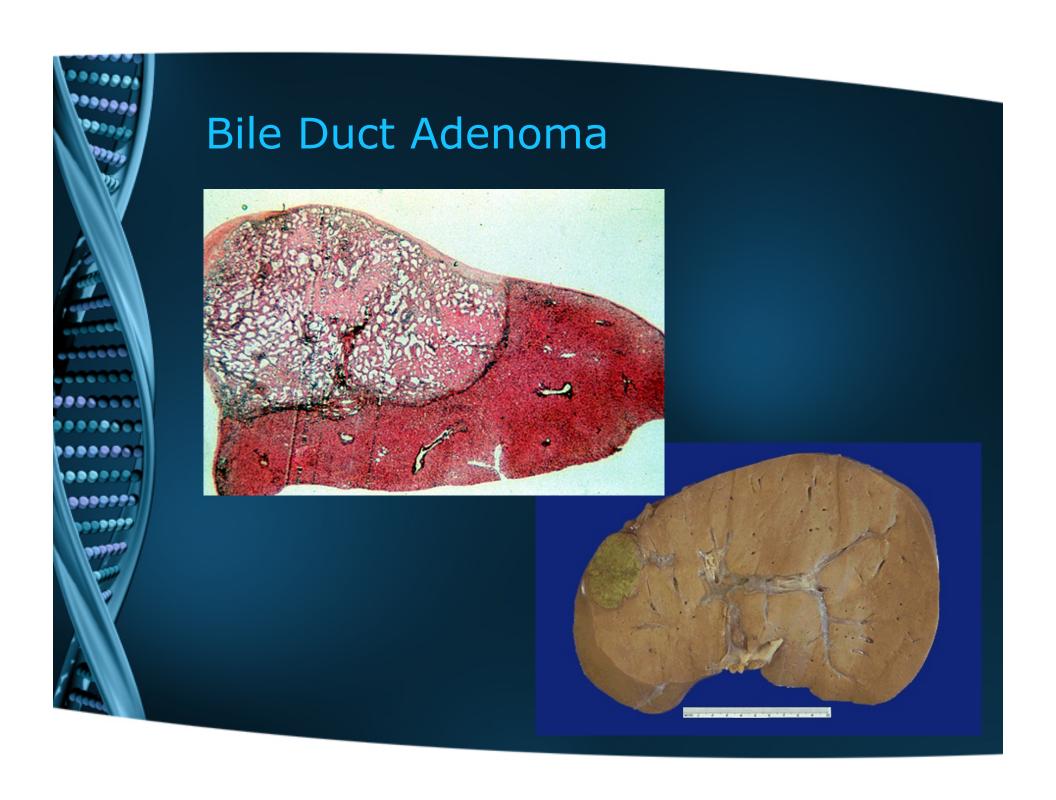
## Hepatocellular adenoma

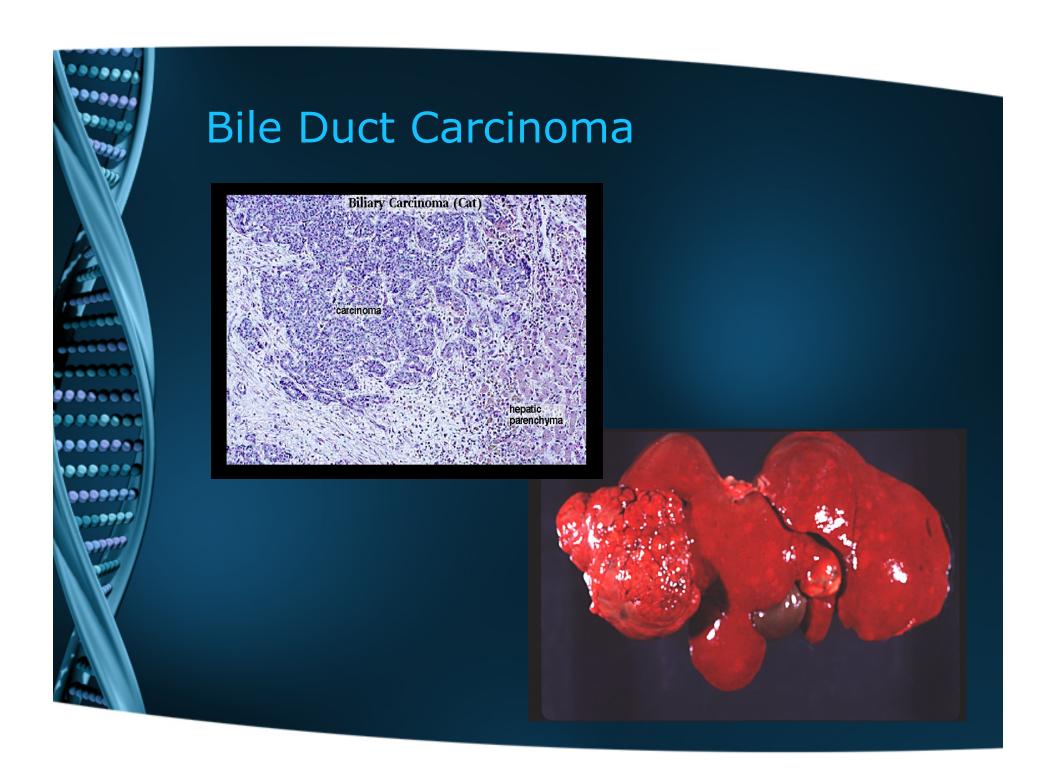














#### In Summary

- The liver is a metabolically important organ
  - Biosynthesis
  - Nutrient metabolism
  - Detoxification & biotransformation
- But remember its Achilles heel effect
  - High cardiac output & optimum anatomic location
  - Biotransformation can produce toxic substances
  - Enterohepatic circulation leads to re-exposure



## Thank You!

